

Champions Arise Study Guide
Series: Every Man a Pure Warrior
Program # (CA2) EMAPW01 - Pornography: Why is Lust a Problem?

Focus passage – 1 Thessalonians 4:3-4, *“It is God’s will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable.”*

1) Some men think lusting after women isn’t a problem. Some men believe they shouldn’t lust after women, but believe they have good reasons to. Other men believe they shouldn’t lust after women and want to stop. Which group do you fall into?

2) What are ways men try to justify lusting after women and using pornography?

3) What did Jesus say about lusting after a woman?

“I [Jesus] say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.” Matthew 23:28

4) What are four questions that can help identify if lust is “reigning” in your body?

1. _____
2. _____
3. _____
4. _____

“Therefore do not let sin reign in your mortal body so that you obey its evil desires.” Romans 6:12

5) What is the first thing men need to overcome the desire to lust over women?

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.” John 3:16

Commitment: I commit to honor women with my mind, eyes, mouth, and hands.

Pornography: Why is lust a problem? – LEADER'S GUIDE

1. Thank everyone for coming.
2. Open in prayer
3. Read the focus passage.
4. Ask men to answer Question #1. Remind the men that what is said in the meeting is confidential.
5. Listen to the program: "Pornography: Why is Lust a problem?"
6. After the program is finished, allow time for comments or questions on the program
7. Review the answers to the four remaining questions with the men in the group.
Encourage everyone to participate, but never force or shame someone into participating.
 - a. Question #2 answer: Sample answers include: not enough sex with their wife, everyone does it so it's ok, need to relieve stress, I've always done it and can't stop.
 - b. Question #3 answer: It is committing adultery and a sin against God.
 - c. Question #4 answer:
 - 1) Do you have lustful thoughts about women often?
 - 2) Do you try to hide your lusting over women?
 - 3) Have you repeatedly tried to stop looking at the magazines or surfing the net, or meeting the prostitute, or seeing the mistress, but can't?
 - 4) Are you able to stop viewing pornographic images for a while only to relapse?
 - d. Question #5 answer: A personal, strong, and dependent relationship with Jesus Christ.
8. Ask the men what was most important to them from this teaching.
9. Ask the men to challenge each other to seek God's help and leading so they can identify and eliminate inappropriate thoughts about women.
10. Confirm the time for the next meeting
11. Take prayer requests.
12. Close in prayer

Sample prayer: Heavenly Father, thank you for sending Jesus Christ to die for our sins. Please forgive us for lusting over women instead of treating them as Your precious daughters. Create in us clean hearts O Lord. In Jesus name, Amen.